

**DINNER AT THE LIFE SAVING STATION BUILT 1899  
RESTAURANT OPENED SEPTEMBER 1985**

***Farmed***

Mixed Baby Lettuce, Blue Cheese, Dried Cranberries,  
Candied Pecans, Grilled Pear Vinaigrette 8

Chopped Caesar,  
Preserved Lemon, Garlic Croutons,  
Shaved Parmesan 8

Pistachio Crusted Goat Cheese  
Mixed Organic Greens, Blood Orange Vinaigrette 10

***Caught***

Sanderling's Shrimp and Crab Chowder 6 / 9

Soup Of The Day 5 / 8

Mussels with Garlic, Bacon, Tomatoes, and White  
Wine, Grilled Baguette 11

Blue Crab Cake  
Warm Apple Slaw, Spicy Tartar 12

Chilled Jumbo Shrimp Cocktail  
Grilled Lemon, White and Red Sauces 16

***Sides***

Mac & Cheese  
Collard Greens  
Whipped Potato  
Hoppin John  
Duck Fries  
Goat Cheese Hushpuppies  
Grits 8

Carolina Shrimp  
Mac & Cheese 14

***Raised***

**CS** Braised Beef Short Ribs  
Cheddar and Bacon Mashed Potatoes, Baby Vegetables 30

Seared Duck Breast, Molasses Baked Butter Beans,  
Sautéed Spinach, Roasted Butternut Squash 26

**CS** Grilled Jamesville NC Pork Chops  
Heirloom Apple Sauce, Collard Greens  
, Hoppin John, Cider Jus 28

**CS** Springer Mountain Farms Buttermilk Fried Chicken  
Mac & Cheese, Mashed Potatoes 19

***Fished***

**CS** Roasted Carolina Rockfish  
Crawfish Soubise, Creamy Polenta, Seasonal Vegetables 24

Seared Sea Scallops  
Sweet Corn Succotash, Roasted Cauliflower Puree 27

**CS** Shrimp & Grits  
Grilled North Carolina Shrimp & Andouille Sausage,  
Anson Mills Grits, Roasted Tomatoes, Mushrooms and Spinach 26

Our Lifesaving Station Restaurant is the location of the former Caffey's Inlet U.S. Lifesaving Station #5 and is listed in the national register of historic places.

It is one of the original seven stations built along North Carolina's treacherous coast when the Lifesaving Service founded in 1874.

The mission of the U.S. Life Saving Service was the systematic saving of shipwreck victims, their cargos and the ship, in that order. In 1915, the Lifesaving Service joined the Cutter Revenue Service to form the modern U.S. Coast guard.

**CS WE PROUDLY PREPARE THESE PRODUCTS IN WAYS THAT CELEBRATE THE SUSTAINABLE, ORGANIC, ARTISANAL AND LOCAL APPROACH OF OUR SOUTHERN & AMERICAN PRODUCERS WHO ARE DEDICATED TO SUSTAINING THE CULTURES AND ENVIRONMENTS THAT EMBODY THE PLACES THEY CALL HOME. THAT LETS YOU KNOW YOU ARE IN OUR BEAUTIFUL NORTH CAROLINA. WELCOME TO OUR HOME!**





