

Sanderling Spa Lunch Menu

Classic chicken caesar, preserved lemons, white anchovies & grilled chicken 14

Mixed baby greens, grilled watermelon, marcona almonds, goat cheese, berry balsamic 12

Shrimp cocktail, grilled lemon, baby greens, cocktail sauce 16

Blue crab cake, cucumber corn relish, tomato jam 12

Sanderling sandwich, roasted turkey, lettuce, tomato, cranberry 12

Vine ripe tomato sandwich, hand pulled mozzarella, arugula, mozzarella, balsamic 12

Grilled ahi tuna, greens, tomatoes, olives, haricot vert, feta cheese, red wine vinaigrette 18

House made all natural granola, fruit & vanilla yogurt parfait 8

Selection sliced fruit, and berries 9

Strawberry & banana smoothie 5

All cooking techniques are recipes are made to create healthier food options.