



The Sanderling

OUTER BANKS RESORT INTRODUCES AFTER HOURS 'SOUTHERN SPA SOIRÉE' *The Sanderling's New Spa Package Celebrates Special Occasions For Women*

Duck, North Carolina (March 17, 2011) – No matter the occasion, from an elegant debutante gathering, a milestone birthday, mother and daughter spa trip, bridal party or just because, The Sanderling's "Southern Spa Soirée" package is sophistication and relaxation at its finest, allowing Southern belles their own private resort spa experience in the Outer Banks of North Carolina.

Tucked beside the tranquil waters of Currituck Sound and surrounding by softly whispering sea grass, The Sanderling Spa draws inspiration from the natural bounty of the region, flowing seamlessly from shore to door with soft neutral tones evocative of the seaside beckoning guests to enjoy massage, skin and body treatments rooted in natural ingredients of the region. When the sun goes down, The Spa opens its doors to ladies looking to indulge in an unforgettable spa experience with their closest girlfriends.

Southern Spa Soirée at The Sanderling includes:

- Exclusive access to the spa between the hours of 8:00 p.m. and 10:00 p.m.
- Up to 10 people may enjoy one spa treatment each, including a 50-minute massage, Barefoot on the Banks Pedicure or a Sweet Tea Facial
- Each belle will receive a homemade Southern-style strawberry shortcake and a signature mint julep nightcap or pink champagne
- Participants also receive a Sanderling candle, Kashwere robe and a chocolate neck pillow
- To top off the evening, a private yoga session for the group will ensure a serene slumber

Prices for the Southern Spa Soirée start at \$450 per person with a six-person minimum required. The package is also available without a spa treatment for \$199 per person. For more information or to book this package, call 252.261.7744 or visit www.thesanderling.com/spa.

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About The Sanderling Resort & Spa

Nestled into the Outer Banks between the Atlantic Ocean and the Currituck Sound, The Sanderling Resort & Spa is an independently owned beachfront property in Duck, North Carolina. The resort features 88 guestrooms and suites and five rental homes, with views of the Atlantic Ocean and the serene Currituck Sound. Amenities include a tranquil spa showcasing healing treatments, fitness center and racket club and miles of nature trails. The resort is also home to the award-winning Left Bank Restaurant and The Lifesaving Station housed in a national historic building. For more information visit www.thesanderling.com or call (877) 650-4812.

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