



**THE OUTER BANK'S ONLY FOUR-DIAMOND RESORT, THE SANDERLING RESORT & SPA,
WELCOMES JEFFREY RUSSELL AS EXECUTIVE CHEF**

Russell to Lead Culinary Program for the Resort Including The Lifesaving Station and The Left Bank

Duck, North Carolina (August 2, 2011) – [The Sanderling Resort & Spa](#), an iconic beachfront resort in North Carolina's pristine Outer Banks, is proud to announce Jeffrey Russell as the new Executive Chef.

"We couldn't be more excited to welcome Chef Russell to our team," says Dick McAuliffe, general manager for The Sanderling. "His impressive background and passion for carrying on our philosophy of delicious cuisine rooted in sustainable, organic, artisanal and local ingredients – or what we refer to as S.O.A.L. – will transform the resort into a culinary destination."

Chef Russell brings with him more than 25 years of experience in the restaurant and hospitality industry. He joins The Sanderling most recently from Equinox Resort and Spa in Manchester, Vermont, where he was the executive chef. Prior to Equinox Resort and Spa, Russell was executive chef for the Grand America Hotel in Salt Lake City, Utah; Desert Sage Restaurant in La Quinta, Calif.; and Ventana Room at Loews Ventana Canyon Resort in Tucson, Ariz.; among others. Russell received his culinary education from the Culinary Institute of America in New York.

The Left Bank serves contemporary American cuisine. Ingredients are sourced from local purveyors providing an authentic experience in the intimate 60-seat dining room ringed with floor to ceiling windows showcasing dramatic views of the Currituck Sound. The a la carte menu is a constantly changing effort to reflect the seasons, and a multi-course tasting menu with wine pairings is a favorite guest experience.

A casual dining option with a nod to the rich maritime history of the Outer Banks, **The Lifesaving Station** is a restored 1899 United States Lifesaving Station, featuring nautical artifacts and historic memorabilia. The restaurant's menu is a selection of contemporary American cuisine emphasizing the best in fresh local seafood with daily seafood specials, signature shrimp, crab and corn chowder, fresh baked breads, and daily specials.

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About The Sanderling Resort & Spa

Nestled into the Outer Banks between the Atlantic Ocean and the Currituck Sound, The Sanderling Resort & Spa is an independently owned beachfront property in Duck, North Carolina. The resort features 88 guestrooms and suites and five rental homes, with views of the Atlantic Ocean and the serene Currituck Sound. Amenities include a tranquil spa showcasing healing treatments, fitness center and racket club and miles of nature trails. The resort is also home to the award-winning Left Bank Restaurant and The Lifesaving Station housed in a national historic building. For more information visit www.thesanderling.com or call (877) 650-4812.

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